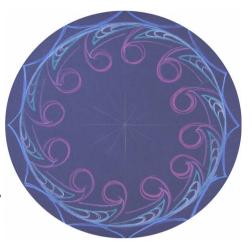


BodyTalk, Dance and 3 Brain Coherence with Katharina Kroeber CBP

Sunday 26th of May Sunshine Room, The Park, 7.30pm

BodyTalk: communicate, synchronise, balance a comprehensive system to work with our body intelligence, to use the priorities of the body to restore connection and allow healing to occur.

The first half of the evening is an introduction to the BodyTalk System, with a practical exercise to take home. In the second half of the evening we will engage our 3 brains through traditional circle dance — could training our body intelligence be the purpose of these old dances?



All welcome, no experience necessary. Just bring your curiosity. **Contact and more info: bodytalk@mdammer.net, 07905499673, thecrystalweb.co.uk**